

We Get One Shot

48 Count, 4 Wall, Improver

Choreographer: Daniel Trepát (NL), Rob Fowler (Spain) & Darren Bailey (UK) Aug. 2015

Choreographed to: One Shot by Rob Thomas

Intro: 4 counts from first beat in music (app. 2 sec. into track). Start when he starts singing

1 – 8 Side, Together, Half Rumba Box, Side, Together, Half Rumba Box

1 – 2 Step R to R side (1), Step L next to R (2)
3&4 Step R to R side (3), Step L next to R (&), Step R forward (4)
5 – 6 Step L to L side (5), Step R next to L (6)
7&8 Step L to L side (7), Step R next to L (&), Step L backwards (8) 12:00

9 – 16 Coasterstep, Step fwd, ¼ turn L, Side, Sailorstep, Sailor ½ turn R cross

1&2 Step R backwards (1), Step L next to R (&), Step R forward (2)
3 – 4 Step L forward (3), ¼ turn L stepping R to R side (4) 9:00
5&6 Cross L behind R (5), Step R on ball to R side (&), Step L to L side (6)
7&8 Cross R behind L (7), ¼ turn R stepping L back (&), ¼ turn R crossing R over L (8) 3:00

17 – 24 Side with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x

1 – 2 Step L to L side (start shimmy shoulders) (1), Continue Shimmies (2),
3 & 4 Step R next to L & finish shimmies (3), Clap (&), Clap (4)
5 – 6 Step R to R side & start shimmy shoulders (5), Continue Shimmies (6),
7 & 8 Step L next to R & finish shimmies (7), Clap (&), Clap (8) 3:00

25 – 32 Rock & Cross 2x, ¾ Volta turn R, Ball Step

1&2 Rock R to R side (1), Recover on L (&), Cross R over L (2)
3&4 Rock L to L side (3), Recover on R (&), Cross L over R (4)
5&6 ¼ turn R stepping R forward (5), Step L on ball next R (&), ¼ turn R crossing R over L (6),
&7 Step L on ball next R (&), ¼ turn R crossing R over L (7) 12:00
&8 Rock L to L side on ball (&), Recover on R (8)

Restarts here walls 5 and 6

33 – 40 Cross & Rock 2x, Mambo & back, Shuffle back with Knee action

1&2 Cross L over R (1), Rock R to R side (&), Recover on L (2)
3&4 Cross R over L (3), Rock L to L side (&), Recover on R (4)
5&6 Rock L forward (5), Recover on R (&), Step L back (6)
7&8 Step R back & lift L knee (7), Step L next to R (&), Step R back & lift L knee (8) 12:00

41 – 48 Mambo L & R, ¾ turn L (walking L, R, L, R, L)

1&2 Step L to L side (1), Recover on R (&), Step L next to R (2)
3&4 Step R to R side (3), Recover on L (&), Step R next to L (4)
5-6-7&8 While doing counts 5 to 8 turn ¾ turn L - Walk L, Walk R, Walk L, Walk R, Walk L 3:00

Restarts in the 5th & 6th wall after 32 counts but on count 32 you have to stomp L next to R.